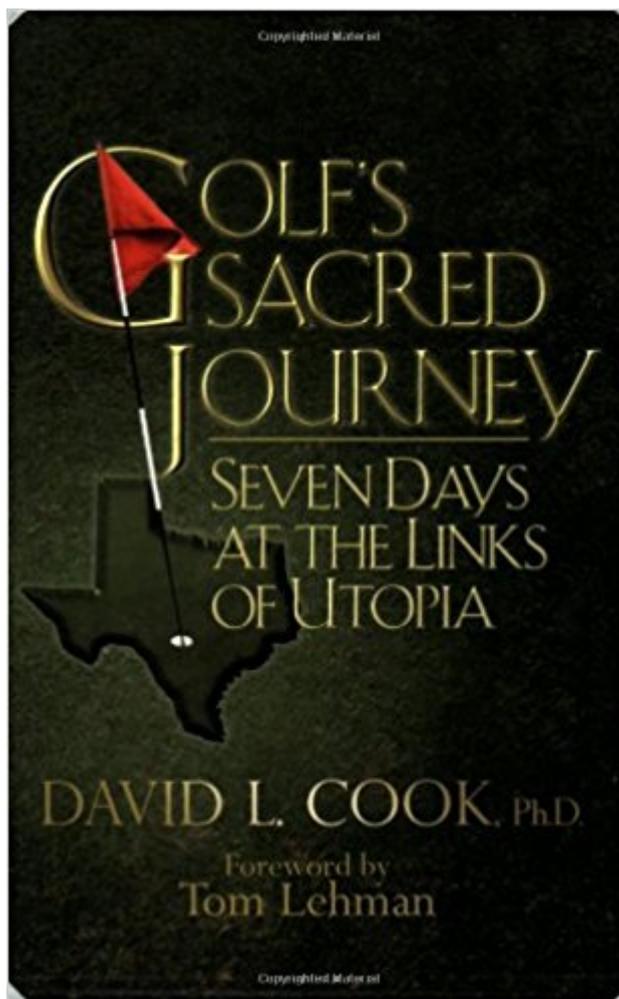


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# Golf's Sacred Journey: Seven Days At The Links Of Utopia



## Synopsis

In life you never really know when you might meet someone who will change your life. And more importantly you never know when your influence might change another. This book is about influence. It is about a man who lived in a simple place but had extraordinary insight. He also had something else on his side. He had time; time to invest himself in the life of another who was lost on his journey. This story is based on the thousands of athletes I have counseled and the great mentors and teachers from whom I have learned. I have brought my twenty plus years of peak performance coaching together and compressed them into a story of two fictitious characters; a rancher with a passion for teaching truth and a young golf professional at the end of his rope. They represent each of us in the various stages of growth. For in life we must be willing to coach and be coached, either one alone will leave us empty.

## Book Information

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## Customer Reviews

This is my all time favorite book about golf - and life! I have read this book numerous times, and have recently shared it with my two children ages 8 and 12 who are junior golfers. On the surface, Golf's Sacred Journey is a story of an aspiring golfer dealing with the insecurities, frustrations, and failures of trying to make it as a professional golfer. But the deeper message in the book is how we travel through life, and how we touch others is the true measure of success. You can tell the true character of a person more by how they deal with adversity, challenges and failures, than by their golf score. Each chapter is a lesson about life, and Dr. Cook uses the metaphor of golf to clearly illustrate how our decisions and convictions have brought us to the place we now reside. Patience,

humility, forgiveness, and love will help us all to have a rich and rewarding life, and will also help us with our golf games. Plan and visualize your life's journey, practice patience and balance, and hold on to truth and tradition and you will live your greatest dreams. See it, feel it, trust it!

I don't give myself much time to sit and read books, even though I am currently reading three books and haven't finished any of them. When I received this one, I honestly couldn't put it down. Golf's Sacred Journey is so much more than a book of golf. It is a motivational book on life. I have taken some of the lessons that are mentioned in the book to my own personal life and has helped me deal with tough situations. It has also helped my game during the times that I used to get frustrated after a few bad shots, to get back up top and control my game (not someone else's).

I've loved reading from a very young age. I'm now 60 years old. I have read comic books, text books, even read most of the World Book Encyclopedia one summer while I was in junior high. I have read junk and some of the classics. I have read self-help books and most of all, I have read much of the Bible, but I have never read a book that has made such an impact on my life as Golf's Sacred Journey. (And it even helped my golf game.)

One of the best books I have read in a long time. It not only covers the mental aspect of golf, it has a story line that many golfers have gone through. Then, it points you toward what truly is important in life. I thought enough of it that I bought 12 books to give to friends. I probably will buy more.

Being a struggling golfer, which caused me to be interested in this book I enjoyed it very much. The book deals with the emotional aspect of the game and nails the feelings one goes through. The author paints some wonderful pictures and I had a hard time putting this book down. The ending of the book was excellent.

I purchased this book and read it at the suggestion of a good friend, despite knowing absolutely nothing about golf. It reads surprisingly like an autobiography, yet it is a novel whose author had a very poignant agenda in writing. The story unfolds by a pro-golfer who earns the distinction of the highest score in a professional tournament. Needing to refocus his game and skills he takes a week out to do so at a small golf course in Utopia, Texas. There he meets a coach that helped him find his game again, probably better than before his embarrassing tragedy. Each day was full of completely different experience that helps him transform not only his golf game but his priorities and

life. I could not put this short book down.

This is a great book, and has an outstanding movie that can be watched on Netflix. We are using it to teach a "men's Sunday School Class" at church. There's a companion guide too although I haven't received it yet. Easy, short read and very interesting. It's how to learn about life from playing golf.

I found this book after watching the movie. After 10 years, my husband are separating and for the past couple of weeks I've been struggling with trying to figure out exactly why..what, if anything, could have been done differently. After a particularly rough 4th of July weekend, I was holed up in my apartment watching movies. After watching one (I don't even remember which one) Seven Days in Utopia was a Netflix recommendation for me. I have always loved golf and Robert Duvall so I made some popcorn and settled in for what I thought would be a 90 minute distraction from my thoughts. Wow! Was I wrong!! The movie hit me like a ton of bricks, opening my eyes to a much bigger picture of what was going on in my life and where I am headed. From there I was directed to the website, ordered the Kindle version of the book. Since then I also went through the 8 lessons David has on the website. I just finished those lessons and now have ordered the physical book as well the new book in the series as well. I plan to give this book to my husband and if know that it will help him as we move forward as friends.

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